



General Safety Tips

PERSONAL SAFETY TIPS FOR WOMEN AT HOME

- Women who live alone should list only their last names and initials on their mailboxes and in the telephone directory.
- Always keep the door locked, even if you are at home and even if you leave the house for just a few minutes.
- Never open the door automatically after a knock, Ensure that strangers have identified themselves properly before allowing them to enter, Utilize a peep-hole (magic-eye) to verify identification.
- Leave the light on over the door which you will be using to enter at night. Have your key ready so that the door may be opened immediately.
- Close curtains at night.
- Never admit over the phone or to strangers that you will be alone at home.
- Lifts: If you live in an apartment building where you know most of the residents and find yourself in the lobby with a stranger, let him take the lift first and wait for it to return for you. If you are on the lift and someone's presence makes you uneasy, get the control panel. If someone attacks, hit the alarm button and press as many buttons as you can so that lift will stop at any of several floors.
- If a stranger requests the use of your phone, do not let him enter your apartment. Place the call for him instead.
- If you return home and detect evidence that someone as broken in to your domicile, do not enter the premises and do not scream. Proceed to the closest neighbor's house and phone and police from there.

FOR FREQUENT FEMALE TRAVELERS

- The above recommendations apply to men and women equally. However a few additional suggestions are advisory for women.
- Travel on well-lit streets and keep your **purse** out of sight.
- If you have car trouble in a dark area, **lock yourself** in and await the arrival of the police.
- If a stranger stops to give you assistance do not get out of the car. Ask the person to call for help.
- Do not stop & offer help to stranded motorist.
- If you suspect that someone is following you, drive to the police station or police picket.
- Women are urged **not to ask for lift** under any circumstances.

- **Never pick** up a person asking for lift.

FOUR WHEELER SAFETY

- Always **Double lock** your car when entering or leaving it.
- **Mark** your car radio and other removable car equipment for identification.
- Utilize a locking switch lock.
- **Never leave valuables** such as cheque books, credit cards, etc, unattended in your car. Lock all valuables in the trunk.
- Park in a well-lit and busy area.
- Carry your **vehicle registration** with **you**. A thief can use your registration to show "legal" possession of your car.
- **Report suspicious actions**, someone peering in to every parked car on the street, someone forcing a vent window or removing gasoline or, license plates.
- **Check the back seat** before getting into the car.

FOR A CHILD'S DO'S & DON'TS

- **Never** run errands for strangers, even for money.
- **Never** accept candy money or gifts from a stranger, or an invitation to a movie, etc.
- **Never** get in to a car with a stranger for any reason.
- **Never** Hitch-Hike.
- If a stranger attempts to coax you into a car, yell and run, then write down the license number from a safe distance, or scratch it in the dirt. Then tell your parents teacher or a policemen.
- If a friend gets in to a car with a stranger, even if you have warned him not to, write down the license number and tell a policeman, your parents or teacher right away.
- Make sure that your parents always know you are and who you are with.
- When collecting for charities, always travel in groups of two or more, and never go inside a stranger's house.
- Teach your children their full names, address and telephone No.
- Tell them never to admit to being home alone on the phone or to someone at the door.
- Instruct children to look out for each other and tell you when something unusual or suspicious happens.
- Report suspicious individuals or vehicles lurking in areas where children play to the police.
- Ask a trusted neighbor to provide sanctuary for your children should any threat or emergency arise while you are away from home. Offer to do same for them.

- Every child should know that police are friends be able to recognize the uniform and know that a policeman will be receptive if the child is lost or frightened.
- Children should be encouraged to play with friends and never in isolated areas or vacant buildings.
- Parents should always know where their children are.
- Parents should ensure that baby-sitters are known and can be trusted.

SCHOOLS MUST ADOPT

- Never release a child to anyone but the parents without telephone in the parent or guardian for approval.
- If a parent phones to ask for early release of a child, confirm the caller's identity. Call the parents back at their home number listed in the schools records. If the call is being made away from home, determine authenticity by questioning the caller on details of the child.
- Make sure all visitors check in to the office and have staff watch for unknown persons in the building.

YOU MUST REMEMBER WHILE MOVING ON VACATION

- Cancel all home deliveries of mail, newspapers, milk, etc.
- Arrange to have your lawn cut and garden watered during your absence.
- Do not leave notes for the paperboy, milkman, etc which would leave close as to your absence.
- Do not advertise your plan for a vacation.
- Notify a trusted neighbor of your plans and leave a key with him or her.
- Be sure all tools and ladders are out of sight.
- Leave your drapes open. Closed drapes would conceal a burglar from view of your neighbors.
- Turn your telephone down to its lowest level as a ringing telephone is an indication that no one is home.
- Do not pack your car the night before leaving on you vacation. Have everything ready so that you can load the car before leaving in the morning. This should be done as quickly as possible so that strangers in the neighborhood will not have a chance to observe you and see that the home will be vacant.
- Before leaving check to ensure that all doors and windows are secured.
- Be sure that garage is locked. Garages contain tools, which would assist a burglar in break-ins. As well, once inside the garage, the thief would have ample privacy to do his business.

REQUEST TO YOUR NEIGHBOUR:

- To remove throw away papers from your doorstep during your absence.
- To rearrange the positions of interior draperies from time to time.
- To notify the police if they detect anything suspicious stranger around the house, enquiring strangers: etc.